Beat the Heat
Beat the Heat

MOCKTAILS

Pineapple Cooler  145
Pineapple Juice, Ginger, Honey & Lime Juice

Sparkling Kafirlime  145
Fresh Ginger, Kafirlime, Lime Juice & Top Up With Lemonade

Lemon Grass Mojito  145
Lemon Grass, Mint And Lemon & Top Up With Soda

Amaretto Iced Coffee  145
Freshly Brewed Coffee With Amaretto Flavour

SOUPS

- Mango & Arugula  225
- Roasted Pineapple & Yoghurt  225
- Carrot & Cilantro  225

STARTERS & SALADS

- Minced Chicken, Stuffed Prune Jam, Mango & Celery Salsa  545
- Sesame & Sumac Fish, Raw Mango & Onion Seed Sauce  695
- Baby Pork Spare Ribs, Sticky Mango Leather Glaze  515
- Smoked Chicken, Mango & Lettuce, Orange & Basil Dressing  525
- Sweet Banana Chili & Walnut Stuffed Tofu, Avocado Salsa  465
- Assorted Lettuce, Green Apple & Pumpkin Seeds, Lemon & Brown Sugar Dressing  445
- Fresh Mango, Lettuce & Cream Cheese Salad, Balsamic Glaze  445
- Tangerine, Muskmelon, Olives & Asparagus Salad  445
- Caramelized Watermelon with Arugula, Olives & Feta Cheese Salsa  445

Vegetarian  •  Non-Vegetarian  •  Egg
**MAIN COURSE**

- Steamed Halibut Fillet, Green Lentil Salsa, Zesty Sour Cream  
  Steamed Fish, Lentil Salsa  
  $945

- Sesame Chilli Marinated Lamb Chops, Rich Nutty Barley  
  Roasted Lamb Chops, Barley, Traditional Jus  
  $1145

- Fennel and Rose Petal Crusted Grilled Salmon  
  Grilled Salmon, Fresh Pineapple Salsa & Quinoa  
  $945

- Raw Mango Marinated Chicken, Quinoa & Edamame, Celery Flavored Jus  
  Grilled Chicken, Tossed Quinoa  
  $695

- Cajun Spiced Grilled Cottage Cheese  
  Cauliflower Rice, Chilli Rose Petal Jam  
  $535

- Grilled Tofu, Cannellini Beans, Zaatar Hummus  
  Grilled Tofu, Vegetable Stew  
  $535

- Grilled Summer Vegetables, Sweet Paprika & Chilli Glaze  
  Seasonal Vegetables, Buttered Gluten Free Bread  
  $525

**DESSERTS**

- Bitter Chocolate Mousse, Peanut Praline, Lemon Cream Cheese  
  $365

- Honey Walnut Tart, Almond Ice Cream  
  $325

  **Med’s Summer Ice Cream**
  
  - Alphonso Mango Ice Cream  
    $125
  
  - Homemade Rose Petal Ice Cream  
    $125
  
  - Bitter Chocolate Ice Cream  
    $125

Some food items may contain traces of nuts, dairy or gluten. Please ask your server for details & let us know of any allergies.

Government taxes extra, as applicable. 6% service charge, at member’s discretion.
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